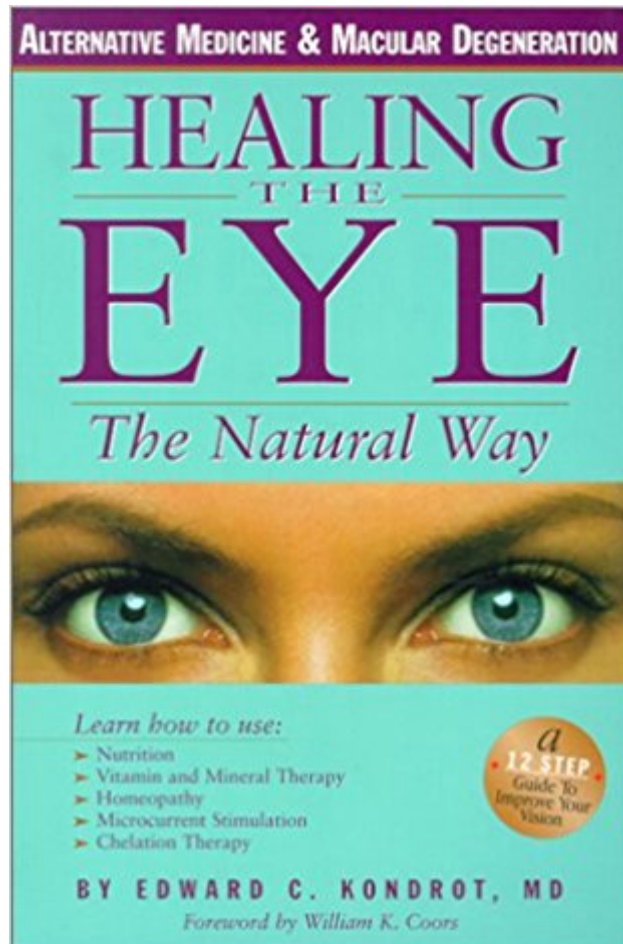




The book was found

Healing The Eye The Natural Way



Synopsis

Alternative Medicine and Macular Degeneration; A 12 step guide to improve your vision. Featuring information on vitamin and nutritional therapy, homeopathy, micro-current stimulation and chelation therapy. Written by a homeopath and ophthalmologist to include a most comprehensive approach to treating Macular Degeneration, a condition that is still considered hopeless by conventional medicine. The clear approach and patient testimonials will inspire patients and doctors alike to take a new look at the condition most responsible for blindness in the over 60 age group.

Book Information

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Customer Reviews

"Anyone with Eye-Related problems needs this book. Dr. Kondrot talks to us in an easy-to-understand language, gives us many ways to help keep our eyes healthy, and discusses the medical ramifications of macular degeneration simply and in a straight forward manner. It is a joy to have a medical doctor finally embracing the many alternative medicine 'tools' that are out there today in an intelligent manner - and from experience." -- Eileen Naumann, Author of Homeopathy 911
"I just read 'Healing the Eye the Natural Way', and it is terrific. The book is organized, factual, and simple yet thoroughly explained with great examples to clarify complex ideas about macular degeneration." "This is a very practical guide that patients can use to evaluate their condition, make choices and initiate a reasonable program for themselves. Hope reigns eternal, and hats off to you for explaining why it should, on a mind, body and spiritual level that emphasizes self empowerment." (Dahlia Hirsch, MD (Ophthalmologist and Wholistic Doctor)) -- Dahlia Hirsch, MD

(Ophthalmologist and Wholistic Doctor)"When my husband found out that he had Stargardt Macular Degeneration, we were told by our doctor that there was nothing we could do but go home and wait for blindness to set in. I tried to stay positive and searched the Internet for cure. I found some interesting facts and herbs but no real cure. Finally, by the grace of God, I discovered your practice. Without you we would be preparing for a seeing eye dog, Braille lessons, and other life altering changes." -- Robin Buchman, Patient's Wife

Why another book dealing with alternative medicine and vision problems?? I felt there was a need for a book that goes beyond nutrition, vitamin and mineral therapy for the treatment of macular degeneration. Over 20 years of practice have convinced me that there are alternative therapies that can be of great value in the treatment of this disabling condition. I want to share with the reader important information regarding vision therapy, homeopathy, chelation and micro-current stimulation that can change the life and sight of many people.

I don't know why doctors don't use the material presented in this book.

I am a believer that you can never have too many how-to books in your library

Very useful to rearrange my daily dealing with eye difficulties

I purchased this book for a family member who is in the early stages of glaucoma, hoping that holistic approaches might reduce the probability of surgery later on. While the book does provide some useful information regarding the importance of selenium, chromium and lutein in the maintenance of eye health, its extremely general information on most topics is almost useless. For example, Kondrot states that it is important to minimize stress and avoid processed foods, both factors in decreasing the body's retention of toxic compounds. However, he also seems to advocate avoidance of large quantities of fluids. This is contrary to his own hypothesis that it is important to clear the body of toxins, and ignores the fact that diabetics (who are a large proportion of his target audience) cannot safely do this for an extended period of time! On the subject of stress relief, his advice is also very general, although not dangerous in its execution. In short, the only truly useful information provided in the book comes in the area of dietary adjustment and the use of mineral supplements. Note: This book would probably be much more useful to individuals with eye disorders who are not afflicted with diabetes.

I would recommend this book to anyone with an eye disease or a potential to have one. This book is exceptionally good for those who are looking for more natural treatment and for those who have been told there is nothing they can do.

The book is great, written by an ophthalmologist, and he gives advice that you will not hear from standard AMA allopathic doctors. You can't go wrong following the advice, which I myself am now doing. There are no drugs or invasive procedures involved. I wish I had started this earlier in life and did not know about this book from years ago. His newest book about 10 essentials to save your eyes is even better and just out 2 years ago.

Best info I have found anywhere.

My book came from a library and had been discarded. What a shame that a library would find this book of no value. It is saving my sight and gave me direct contact with the doctor.

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